



PROGRAM OVERVIEW

The Emotional Intelligence in Leadership Mastery Program will provide participants with an understanding of the neuroscience underpinning Emotional Intelligence.

The program focuses on demonstrating how to apply the core competencies of emotional intelligence to manage and express emotions intelligently and strategically, make more effective business decisions, and handle interpersonal relationships judiciously and empathetically.

PROGRAM DELIVERY

Two-day Workshop + Coaching

The Emotional intelligence in Leadership Mastery Program involves a structured group environment with a focus on interactive learning (no role-plays!). The Program includes facilitated small-group discussions, time for reflection, and powerful processes designed to improve each of the four critical emotional intelligence skills. Follow-up coaching will further enrich participants' program experience.

TARGET AUDIENCE

Experienced leaders, managers and career professionals ready to connect personal mastery to successful business outcomes. HR specialists wanting to enhance organisational performance through cross-organisational Emotional Intelligent behaviours

INVESTMENT

Two-day workshop, MSCEIT™ assessment, coaching, course materials, lunch and refreshments \$1,295 (plus GST).

A MASTERY PROGRAM

Emotional Intelligence in Leadership

Emotional intelligence is crucial for effective leadership. Despite this, too many bright and efficient managers and professionals leave the best of themselves behind, thinking that all they need is to be ruthlessly and intellectually superior in order to get ahead at work. However, being brilliant with strong technical expertise means very little if you can't connect and collaborate with others.

After decades of research into neuroscience and business methods, psychologists have revealed remarkably similar and compelling conclusions: a significant price has been paid for disconnecting emotions from intellect in our leadership, in our organisations, and in our own lives. They show emotions play a far greater role in guiding our thinking, behaviour and business decisions than we ever realised.

Emotional Intelligence starts with effective communication between the rational and emotional centres of the brain, and is paramount for leadership excellence – in virtually any role.

Participating in this Emotional Intelligence in Leadership Mastery Program will provide you with invaluable insights into your overall emotional style and subsequent leadership impact.

OUTCOMES

AS A RESULT OF THIS PROGRAM PARTICIPANTS WILL:

- Understand the neuroscience of emotions that drives behaviour
- Complete The Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT™) to gain insights into your emotional intelligence abilities
- Learn practical strategies to help them respond more skilfully to pressure, tension and increasing complexity
- Identify patterns, triggers and emotional habits that either drive or derail leadership performance
- Learn to suspend judgment – become 'more curious and less certain' – to engage effectively and influence others
- Practise techniques through interactive exercises and develop an action plan to implement these strategies

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